



Balanced Life Yoga Mentorship Opportunity

Thank you for your interest in the Balanced Life Yoga Mentorship program. Balanced Life Yoga is a sanctuary of love, possibility and joy. We are in service to our community and its happiness always.

As teachers and apprentice teachers we are here to serve our community and commit to stepping into a visionary role as a Yoga teacher or Yoga assistant who demonstrates what is truly possible by living a life of celebration, positivity and support. We are here to help people truly shine.

If you are completing this form then you too wish to learn to shine your light more brightly and thereby inspire and uplift others. This is a Divine calling. We are changing the world one Yogi at a time and you feel called to be apart of that then please consider the Mentorship Program. Your application confirms your willingness to be coached, to be of assistance and to commit to demonstrate the values and ideal of Yoga and Balanced Life Yoga in the studio and beyond. If you are ready we welcome the opportunity to help you SHINE! *(please note the Mentorship Program does NOT guarantee a position with Balanced Life Yoga but is a wonderful way to deepen your teaching skills and confidence.)*

Balanced Life Yoga Mentorship Application

Date: _____ Name: _____
Email: _____ Phone Number: _____

How do you demonstrate the ideals of Yoga and Balanced Life Yoga?

Knowing we are all learning and growing, please tell us where do you have some struggles around the ideals of Yoga? How have you committed to more fully demonstrate and embody the ideals of Yoga and Balanced Life Yoga?

How would people describe your attitude and energy?

What would your teachers and colleagues from the Inspiring Spirit Teacher Training program say about your energy and attitude?

What do you seek to gain from the Mentorship Program?

How will you contribute to the community of Balanced Life Yoga?

Are you willing to be coached and guided by your Mentor and commit to working with them for at least 6 weeks? When was the last time you were in an apprentice role?

Please give us an example of a time your displayed teamwork/collaboration?

Please give us an example of a time your displayed commitment/integrity?

Please give us an example of a time your displayed positive attitude/energy?

What else would you like to tell us?